



Dr. Subhash Sherkar

Assistant Professor of Psychology

About me

I am Head & Assistant Professor of Psychology in Shivaji College, Hingoli from Maharashtra, India. Also I have A Psychology You-tuber. And Motivational Speaker


Expertise


- Psychology YouTuber
- Motivational Speaker
- Anger Management
- Stress Management
- Personality Development
- Happy Hormones


Education

- | | |
|-----------|---|
| 2003-2006 | • Nanded, University,
BA Degree |
| 2006-2008 | • Aurangabad University,
MA Degree |
| 2008-2009 | • Nashik, University
M.Phill Degree |
| 2009-2014 | • Nanded, University
Ph.D. Degree |

Get in Touch with Me

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 9922327728

 'Manas Nivas',
Shrikrushna Nager,
Hingoli.(MS) India.

Teaching Experience

2009 to Coninue

• **14 Years in**

Shivaji College, Hingoli.(MS) India.

- In my 14 years teaching experience , I enable students live quality and Happiness Life. also stress-free life, Anger free Life,
- Increased attitude of students regarding life.

2010 to Till date

• **Research Paper Published in National & International Conference. Total -20**

- Research Work

1.A study of Emotional Intelligence and Self-Confidence among Urban and Rural College Students. New Voice National Refereed Journal. ISSN-2231-3249, December -2011.

2. Significance of gender for teachers Life Satisfaction,and Job satisfaction. Indian Journal of Health and Well-being, ISSN-2229-5356, Maerch-2022.

3. Child labor and Rights. ISBN:978-81-934096-5-8.

4. Human became self-centered and Patriotism, Social service this personality Traits showing reduce-A WhatsApp Survey. International Referred, Peer Reviewed Journal,ISSN-2277-8071, April 20215.

5. Mathma Gandhi's Personality Trait, inspiration of the whole World. ISBN-978-9383871-63 New MAN Publication.

6. A Comparative study of Academic Achievement among Urban and Rural College Students, Research Nebula An International Refereed, Journal ISSN-2277-8081,

7. A Comparative study of Self-Concept among Urban and Rural College Students, Appraisal, A peer Reviewed International Journal, ISSN-2348-9308. April-2017.

8. Dr. Sherkar Career element Model. Vidyawartha, ISSN-2319-9318. International Multilingual Research Journal, May- 2018.

9. Strong Mental Health Hierarchy, Ajanta, Peer Reviewed Refereed UGC Listed Journal, ISSN-2277- 5730. March- 2019.

10. 61% Educated people are Negligent about Health And well being -A Survey Research "Think India UGC Care Listed Online Journal. ISSN-0971-1260, December-2019.

11. A study of Mental Health among Aided and Unaided School Teachers. Our Heritage, UGC Care Listed Online Journal. ISSN-0474-9030, February-2020.

12. Mahatma Gandhi 3H Perspectives about Education and Current Education Situation -A Conceptual Research. Current Global Reviewer. ISSN-1319-86948, March -2020.

13. Edited Book-The importance of Sports, Physical Education and Psychology for Present scenario. ISBN-0474-9030. Feb-2020.

14. The Role of sports Psychologist for Cricket players-An empirical study. Power of Knowledge, ISSN-2340 -4494, April-2021.

15. Most of the times, the problems is not solved in one way- An empirical study on sparrow behavior. UGC Care Listed Kanpur Philosophers, ISSN-2348-8301,Year-2021.

16. Article in 'Book Recent Perspectives in Sports and Psychology' New MAN National Publication, ISBN-978-81 947349-49.Year- 2021.

17. College student's Career and Conflict. Indian Journal of Social Science and Literature Studies, Online Journal, ISSN-2455-0973, March -2022.

18. 89% students fail writing exam numbers in lakh. Power of Knowledge An International Multilingual Quarterly Peer Review Refereed Research Journal,ISSN-2320-4494, April-2022.

19.Political Leaders characteristics mental process and behavior- A psychological study. Current Global Reviewer,ISSN-2319-8648, Oct-2022.

20. The Role of NEP For Skills and Quality Enhancement. B. Aadhar Multidisciplinary international Peer –Reviewed Research Journal, ISSN- 2278-9308, January-2023.

2021 to Till date • Psychology YouTube Video

Title of YouTube Speech Total Video on YouTube - 43

- 01) How to Increase Confidence? Part -1 By Dr. Subhash Sherkar.
- 02) How to Increase Confidence? Part-2 By Dr.Subhash Sherkar.
- 03) Killing Hate and Nurturing Humanity.-By Dr. Subhash Sherkar
- 04) The Result of Bad Thinking By Dr.Subhash sherkar
- 05) Syllabus Of B.A.T.Y.Psychology,Dr.SubhashSherkar(Psychology).
- 06) Syllabus of B.A.S.Y.(Psychology), Psychology of Adjustment-VI
- 07) Life Satisfaction Tricks By Dr.Subhash Sherkar- Hindi & English (Psychology).
- 08) Psychology BAFY Syllabus Paper No.IV By Dr.Subhash Sherkar
- 09) Psychology BASY Syllabus Paper No.VIII By Dr. Subhash Sherkar
- 10) छिन्नमनस्कता विकृतीचा अर्थ Part-1By प्रा.डॉ.सुभाष शेरकर
- 11) छिन्नमनस्कता विकृतीची लक्षणे Part-2 By प्रा. डॉ. सुभाष शेरकर
- 12) करिअर करण्यासाठी मानसशास्त्राच्या विविध शाखा By डॉ. सुभाष शेरकर
- 13) पर्सनैलिटी कैसी होनी चाहिए? By डॉ. सुभाष शेरकर (Psychology)
- 14) सामाजिक मानसशास्त्र B.A.F.Y. Syllabus Paper- II regarding.
- 15) मानसशास्त्र (Psychology) म्हणजे काय?
- 16) वर्तनाचे सूत्र -(Behavior Formula) by डॉ.सुभाष शेरकर
- 17) माइंड (Mind)कैसे बदलता है? By डॉ.सुभाष शेरकर (मानसशास्त्र)
- 18) मानसिक प्रक्रिया किवा बोधनिक प्रक्रिया(Mental Process) by डॉ.सुभाष शेरकर

- 19) समुपदेशन ('टॉक थेरपी' Talk Therapy Video By डॉ.सुभाष शेरकर
- 20) धोखेबाज (Fraudulent) By डॉ.सुभाष शेरकर (मानसशास्त्र)
- 21) 20 लाख रुपये का नकली चेक।A Motivational Story By Dr.SubhashS.
- 22) BATY (MCQ) समुपदेशनाचा परिचय Paper No XII By डॉ.सुभाष शेरकर
- 23) सामाजिक मानसशास्त्र(Social Psychology)By डॉ .सुभाष शेरकरPsycholog.
- 24) सामाजिक मानसशास्त्र, आपण का शिकावे? - By प्रा.डॉ.सुभाष शेरकर (मानसशास्त्र)
- 25) का शिकावे? जीवन उपयोगी मानसशास्त्र -BASY - VIII-अभ्यासक्रम By प्रा.डॉ.सुभाष शेरकर (मानसशास्त्र)
- 26) समुपदेशन तंत्रे (BATY) अभ्यासक्रम Paper No. XIV By प्रा.डॉ.सुभाष शेरकर
- 27) समुपदेशन तंत्रे (BATY) अभ्यासक्रम Paper No. XIV By प्रा.डॉ.सुभाष शेरकर
- 28) एकदा वाचा 80% लक्षात ठेवा तंत्र. By प्रा.डॉ.सुभाष शेरकर (मानसशास्त्र)
- 29) एकदा वाचा 80% लक्षात ठेवा तंत्र. By प्रा.डॉ.सुभाष शेरकर (मानसशास्त्र)
- 30) विद्यार्थ्यांनी अभ्यास करताना घोकंमपट्टी करू नये. By प्रा.डॉ.सुभाष शेरकर
- 31) पालकांनी मुलांना कडून अवास्तव अपेक्षा करू नयेत. By प्रा.डॉ.सुभाष शेरकर
- 32) ताणाची लक्षणे By प्रा.डॉ.सुभाष शेरकर (मानसशास्त्र -Psychology)
- 33) ताण म्हणजे काय? By प्रा.डॉ.सुभाष शेरकर (मानसशास्त्र#Psychology
- 34) हॅप्पी हॉर्मोन्स नंबर- 1-ऑक्सिटोसिन - Part -1 By प्रा.डॉ.सुभाष शेरकर(मानसशास्त्र)
- 35) करिअर इन सायकॉलॉजी (Career in Psychology) By डॉ. सुभाष शेरकर
- 36) Feel good हार्मोन्स "एंडोर्फिन" Part - 2 By प्रा.डॉ.सुभाष शेरकर
- 37) एंडोर्फिन (पेन किलर) हॉर्मोन्स भाग - 2 By प्रा.डॉ.सुभाष शेरकर

38) रिश्ते गलतफहमी यों से कैसे टूट जाते हैं? By डॉ. सुभाष शेरकर

39) साचेबंद कल्पना म्हणजे काय? By प्रा.डॉ.सुभाष शेरकर (मानसशास्त्र)

40) जीवनोपयोगी मानसशास्त्र - By डॉ.सुभाष शेरकर (मानसशास्त्र)

41) राग(Anger) By डॉ.सुभाष शेरकर (मानसशास्त्र)

42) The Meaning of Success. By डॉ.सुभाष शेरकर (मानसशास्त्र)

43) The Types of Toxic People Part-1

44)The Types of Toxic People Part-2

45)The Types of Toxic People Part-3

45) How to Manage Toxic People

Delivered famous my Speech

- 01) Personality Development
- 02) How to Increase Self-Confidence
- 03) Stress Management
- 04) Anger Management
- 05) Youth and National Intigration

Always Be Happy